

## Patients of Thomas A. Ciulla MD Post Injection Instructions

Kenalog    Avastin    Lucentis    Combo    Other\_\_\_\_\_

This will explain what to expect, and what to look out for after an injection. Of course, if you have any questions or concerns, please call our office at **317-817-1822**. In case of emergency after hours Dr. Ciulla or the physician on call for him can also be reached at **317-817-1822**.

Immediately after the injection and for the first 24-36 hours you may experience the following symptoms:

- Floaters (dark spots or lines)
- Irritation or a feeling something is in your eye
- Some light sensitivity initially
- Redness or an area of hemorrhage

**Please call our office if you notice:**

- Increased central blind spot or missing side vision
- Increased number of floaters
- Increased light sensitivity after 2-3 days
- Eye pain
- Worsening redness of the eye
- Any signs of infection: such as a mucous discharge, eye lid swelling
- Or if you have any concerns about the eye

**Restrictions: -AVOID RUBBING YOUR EYE.**

- Do not wear contact lenses for at least 4 days.
- No swimming or being in a hot tub for 4 days.
- Do not wear make up for 4 days after an injection or the day of your next appointment.**

### DROP INSTRUCTIONS

**1. Use one drop of the prescribed antibiotic four times a day for four days.**

- \*If you are not sure if you got the drop in your eye it is okay to put in another drop.
- \*If you already use other eye drops, please continue those but wait at least 5 minutes between them.

	Breakfast	Lunch	Dinner	Bedtime
<b>Day 1</b>				
<b>Day 2</b>				
<b>Day 3</b>				
<b>Day 4</b>				

## WHAT TO EXPECT

**Floater:** You can often see a few black floaters in the eye during or immediately after injection. This is normal. If you have a steroid injection, you may have these floaters for a few days or weeks. These floaters should get better with time. If you see a sudden increase in the number of floaters, or begin seeing flashes that you have not seen before, please let us know immediately.

**Irritation/Pain:** it is normal for the eye to hurt or feel irritated, scratchy or watery for a day or so after the injection. This is due to the betadine solution we use to sterilize your eye. You may use over the counter pain medications as you wish (Tylenol). You may use artificial tears as needed, but remember to wait in 5 minutes after an antibiotic drop. You may also use an ice pack place very gently on the eye. However, you should try not to get any water in the eye to avoid the risk of infection. If you have any severe pain or thick yellow discharge, even the day of injection, please let us know immediately.

**Redness:** After injection you will notice redness and possibly some blood in the white part of the eye where the injection occurred. The redness usually improves over one week. If there is blood or a small red bump, it may take more than a week to clear. During this time, the color of the blood will change.

**Loss of vision:** If you suddenly lose all of your vision, or it significantly decreases after the injection, please call immediately. While the tearing and discomfort the first day or two after injection can cause some vision loss, your vision should generally return to the previous level after that time.