

Thomas A. Ciulla, MD

317-817-1822

Laser Cryoretinopexy Pneumatic retinopexy(C3F8 Gas Injection)

Name: _____ Date: _____

Surgery Eye: Right____ Left____

Cryo, or cryo therapy is a common technique used to temporarily freeze and stabilize a retinal defect. A gas injection into the eye is performed to repair a detachment or to move blood from under the center of the eye. These techniques are used to repair the retina without having to undergo surgery, although you may still require surgery in the future.

After having this procedure you may experience:

1. Pain, like a toothache in the eye. You can use Tylenol as needed.
2. Irritation, watery eye. (This is from the use of Betadine in your eye.)
3. Redness on white of eye, which can take up to 2 weeks to disappear.
4. Increased sensitivity to light.
5. Blurred vision.

*If you have a gas bubble injection:

6. You may see the edge of the bubble or a collection of several bubbles in your vision. The gas bubble will expand over the first few days and will then slowly disappear over approximately 6 weeks.

Positioning While Awake: _____

Positioning While Asleep: _____

-No flying in an airplane or any general anesthesia with Nitrous Oxide gas while the bubble is present.

-No make up for at least 4 days.

-No swimming for at least 4 days

-Do not wear contacts until further notice.

-Avoid sleeping on your back

-You can lift normal objects, but avoid any activity that could result in a blow to the eye, such as basketball, tennis, etc.

Use the prescribed prescription 4 times daily in your _____ eye for 4 days.

Call the office immediately at 317- 817-1822 if you experience:

-Increased floaters, beyond just a few (some are expected after gas or cryo)

-Increased central blind spot, or missing side vision

-Flashing lights

-Severe eye pain

-Thick yellow discharge